



## AIMS AND OBJECTIVES OF ACADEMY OF YOGA AND ORIENTAL STUDIES

1. To conduct short and long term course on Yoga and other Indian Studies.
2. To carry out literary and experimental research on Yoga and other Oriental learning.
3. To conduct Yoga health camps for the promotion and propagation of Yoga therapy.
4. To promote the use of indigenous medicinal plants and promote and propagate the indigenous therapy systems.
5. To take special care to promote Sanskrit language, Indian philosophy and culture by conducting regular discussion, classes and lectures.
6. To promote Indian Fine Arts by conducting cultural functions and other activities.
7. To conduct awareness camps about Yoga and Oriental learning in educational institutions.
8. To launch a special drive to locate, preserve and publish valuable manuscripts on Yoga and Oriental learning.
9. To conduct regular classes for the promotion of spoken Sanskrit.
10. To felicitate great scholars of Yoga, Sanskrit and other Oriental Studies.
11. To arrange competitions among school and college students on Yoga, Sanskrit and other Indian Studies.
12. To conduct short term course for school, college and university teachers for creating awareness on Yoga, Sanskrit and other Indian Studies.
13. To conduct special courses for Indian Studies for foreigners.
14. To conduct special courses on spirituality for Indians and foreigners both separately and together.
15. To spread the traditional Indian knowledge to every part of India and abroad.
16. To conduct short term spiritual and Yoga courses outside India.
17. To spread Sanskrit and Indian scriptural knowledge abroad.

18. To exchange information with other institutions, associations and societies interested in the objects similar to those of the AYOS and specially in observation and study of diseases in East and in Indian in particular.
19. **To prepare, print, publish and exhibit any papers, posters, pamphlets, periodicals and books for furtherance of the objects of the AYOS and contribute to such literature.**
20. To issue appeals and make applications for money and funds in furtherance of the objects of the AYOS and to accept for the aforesaid purpose gifts, donations and subscriptions of cash and securities and of any property whether movable or immovable.
21. To borrow or raise monies with or without security or on security mortgage charge, hypothecation or pledge of all or any of the immovable or movable properties belonging to the AYOS or in any other manner whatever.
22. To purchase, construct, maintain and alter any buildings or works necessary or convenient for the purpose of the AYOS.
23. To offer prizes and grant of scholarships, including traveling scholarships in furtherance of the objects of the AYOS.
24. To create administrative, technical and ministerial and other posts under the Society and to make appointments thereto in accordance with the rules and regulations of the Society.
25. To do all such other lawful things either alone or in conjunction with others as the AYOS may be consider necessary or as being incidental or conducive to the attainment of the above objects.